

Participants will:

- develop a skill set and strategies for promoting a positive workplace culture utilizing best practices.
- establish a network with leading professionals and colleagues.
- build a cohort of practitioners who can support one another in fostering positive, healthy communities.
- learn how to create and maintain an efficient, productive and diverse team.
- learn how to engage in critical and crucial conversations.
- learn how to work through difficult team dynamics.
- gain skills, tools and practices that will be useful in their personal and professional lives.

Earn: UMaine Certificate, 3.6 CEUs/36 contact hours

Relational Health Certificate Program Registration Form

Date: _____

Participant Name: _____

Address: _____

Email Address: _____

Phone: _____

Payment of \$495 is required at the time of registration and includes a continental breakfast and lunch each day.

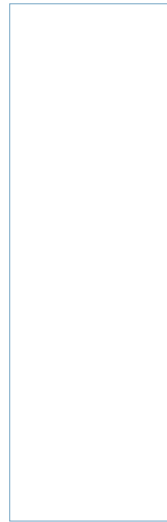
- I have enclosed a check made payable to the University of Maine.

To register online go to: hutchinsoncenter.umaine.edu.
Deadline to register is September 30th.

* Limited number of need-based scholarships available.

New Certificate Program for:

- Administrators
- Educators
- HR Professionals
- Non-profit Leaders
- Executive Directors
- Board Members



Relational Health Certificate Program

2016-17

*“Promoting a Positive Workplace
& Community Culture”*





Session One October 14

Introduction to Relational Health and Creating a Healthy Work Culture & Civility

Barbara Blazej
Joanne Boynton
Lorraine Brown
Will Galloway

The first session of the certificate program will offer an overview of the entire program and its application in the workplace. We will engage participants in skill-building, teamwork and community-building activities, as well as dialogue, reflection and story-telling.

Session Two November 10

Conflict Resolution/Management

Joanne Boynton

This course begins with a general discussion of healthy organizations considering key elements, such as the role of leadership, group dynamics, and the influence of organizational culture. Drawing on restorative practices, we will discuss strategies and tools for evaluating and improving the effectiveness of an organization and managing change. Participants will apply the insights and skills of the course to their own personal, workplace or professional situation.

Session Three December 9

Mediation: Its Premises, Practices and Policies

Will Galloway

Participants will develop an understanding of the premises and principles of the transformative orientation to mediation practice. They will consider how values and belief systems impact the development of mediation models and develop skills in listening and working in the field of mediation and reconciliation.



Session Four January 13

Restorative Practice

Lorraine Brown

Restorative practices has significant implications for all aspects of society — from families, classrooms, schools and prisons to workplaces, associations, governments, even whole nations — because restorative practices can develop better relationships among these organizations' constituents and help the overall organization function more effectively. Everyone who finds themselves in positions of authority, from parents, teachers and police to administrators and government officials, can benefit from learning about restorative practices.

Session Five February 10

Nonviolent Communication

Peggy Smith

This course explores typical patterns of conflict and offers practice in transformative approaches to resolving conflicts that affect both individuals and the organization as a whole.

Session Six March 10

Critical Conversations

Francine Sulinski

This session will focus on the anatomy of a difficult conversation which often must be handled without warning. You will learn to recognize the pitfalls and practice how to shift the conversation toward positive results.

Forgiveness

Barbara Blazej

Wrapping up the program, we will explore the importance of forgiveness and reconciliation in creating a relational culture in any setting: workplace, home, classroom, organization, community. This final session will focus on forgiveness tools and practices that will be helpful to participant's as they move forward.



Instructors

Barbara Blazej, Coordinator, UMaine Peace & Reconciliation Studies Program, and Restorative Practices Trainer and Consultant with the Restorative Practices Collaborative of Maine, of which she is a founding member.

Joanne Boynton, UMaine instructor and participant in the Peace and Reconciliation Studies Program. Trained as a mediator, Joanne has volunteered at several community mediation centers.

Lorraine Brown, Executive Director of the Restorative Justice Project in Belfast, Maine, has over 35 years of experience in management, fundraising and development of nonprofits, and start-up businesses.

Will Galloway, UMaine instructor of Peace & Reconciliation Studies Program, has taught mediation courses for over 13 years. Currently Will is the Head of School at the Watershed School in Camden, Maine.

Peggy Smith, Certified Non-Violent Communication Trainer and Co-founder of Maine NVC Network. Peggy has studied Nonviolent Communications with Marshall Rosenberg (creator of NVC) and a variety of international trainers.

Francine Sulinski, Assistant Director Cooperative Extension University of Maine, Fran's work includes staff development, civil rights, safety, risk management, policy development, group facilitation and consultations for handling difficult client and volunteer issues.

For more information or to request a disability accommodation contact Kim Raymond,
207.338.8034 kim.raymond@maine.edu

*Limited number of need-based scholarships available.

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