Practical Public Speaking

From Fear to Success

Nov. 7, 2019  8 a.m.–3:30 p.m.
UMaine Hutchinson Center  80 Belmont Ave.  Belfast

Participants will:

- learn how to relieve the stress of speaking publicly.
- become skilled to speaking with notes or without notes and how to support your message most effectively.
- learn how to think quickly, speak logically and engage your audience
- learn how to use the power of personalized storytelling and to increase audience retention.
- understand that we are surrounded by public speaking opportunities. Those who find their inner confidence always find the most success.

Tom Dowd, received his communication degree from the University of Delaware. He is a prize-winning speaker, an award-winning and Amazon best-selling author; trainer and coach. As an active member in Toastmasters International, Dowd exhibits consistent success in speech competitions and achieved Distinguished Toastmaster status in 2015. He is a member of National Speakers Association and Maine Career Development Association.

Dowd utilized his 25+ years of experience in the financial and customer service industry to start “Thomas Dowd Professional Development and Coaching, LLC.”, where he helps people to creatively find their own paths to success.

For more information contact Michelle Patten, 338.8002; michelle.patten@maine.edu

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